



SANBORN REGIONAL MIDDLE SCHOOL

Weekly Newsletter

*A newsletter that promotes our core values of
Self Directed, Perseverance, Inspiration, Responsibility,
Independence, and Tolerance*

March 3rd

Sanborn Regional Middle School

17 Danville Road, Kingston, New Hampshire 03848

(603) 382-6226

www.sau17.net



Visit Our Website

2023-24 SRSD Calendar

Past Newsletters

SRMS Facebook

Join the SRMS Boosters

SRMS Athletic Update

SRMS Bus Routes

Grading & Reporting Manual

Student Handbook

Homework Links

6th Grade

7th Grade

8th Grade

Please note that the homework assignments posted on these links are subject to change and may be updated on a daily basis. If students have any questions about an assignment, they should email or see their teacher.

Dear Students and Families,

We hope that you all had a nice February break. This week marks the close of the 2nd trimester with grades closing on Friday, March 8th. Please note that **report cards** will be emailed home during the week of March 11th.

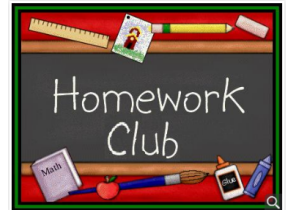
Signs of Suicide Program - Attention parents of 6th and 7th grade students, prior to February break and then over break, you received an email with a letter and consent form for our annual Signs of Suicide Program,

which is a program that our school counselors facilitate here at school. If you have not read the letter and completed the consent form, [please click here](#). If you have any questions about the program, please reach out to our school counselors.

March Booster Meeting - The next middle school Booster meeting is Tuesday, March 12th at 6:30 in the library. All families and staff are welcome to attend.

Sports Awards - SRMS Winter Sports Awards will be Wednesday, March 13th in the auditorium at 5:00.

Homework Club - SRMS is starting an after school Homework Club, which will occur on Thursdays from 2:15 to 3:45pm. A late bus will be available, which will pick up middle and high school students by the gymnasium doors. The bus leaves at approximately 4:15 pm. This club is voluntary and highly recommended for students who need a quiet, structured, and safe environment to complete their assignments. Students will receive help and/or instruction as needed. Students should see Mrs. Scott for a permission slip or [click here](#). Any questions or concerns can be directed to Mrs. Scott at rscott@sau17.net.



NHSAS Assessments - Per State law, all NH schools are required to assess students using the NH Statewide Assessment System (NHSAS) in the following areas: Mathematics, Reading, Science (8th gr. only) and Writing. Here is the schedule for these assessments: **Writing - March 13th**; Science (8th gr. only) - April 10th; Reading - May 8th; and Mathematics - May 15th. Each assessment takes approximately 2 hours and will be given first thing in the morning. Students who are absent on the day of an assessment will make it up on a later date. For more information about the assessments, including: purpose, results, practice tests, and more, please [click here](#). Families interested in a test exemption, should contact their students' school counselor or an administrator.

Parents/Staff versus Students Basketball Game - On Friday, March 29th at 6 pm in the SRHS/MS gym, the SRMS Boosters are hosting the annual parent/staff versus students basketball game. Any parent/guardian interested in playing the game can sign up at the link below. If you are not interested in playing in the game, please come out to cheer on the teams, support our Boosters through purchasing concessions and raffle tickets, or consider helping our Boosters by volunteering before, during or after the game.



[Click Here for Parent/Guardian Sign Up for the Parents/Staff vs. Students Basketball Game](#)

Yearbook Orders - To order a 2023-24 SRMS Yearbook, please [click here](#).



Have a great week!

Matthew Malila Jay Trafton

SRMS Principal SRMS Assistant Principal

A Message From School Counseling

Students Respect Teachers Who They Feel Respected Them

This past Friday, students were offered the opportunity to anonymously share with their teachers and staff members just what it is that the adults in our building do to help make the students feel welcome, appreciated, and respected.

A snapshot of their feedback included things like:

- You show that you really listen to students.
- I know you respect us when you let us share our opinions.
- We love it when you play games with us.
- You remember all our names and things about us.

What these messages show us is how important small actions and words—such as thanking a student for their hard work, giving them space when they ask for it, learning a few words in their home language, or answering a question they were afraid to pose—all go a long way in communicating that we respect and care about them.

I am sure that the kids have all been asked to respect their teachers and other adults in their lives, but this helps to shine the light on the fact that when the kids feel respected, and welcomed, and that they are a part of the community, they respond in kind with the respect that some might have come to expect.

My advice as a mentor in the school to new teachers is this:

“Get to know your students as individuals from the start, and not just another group of students. You might find yourself among some very interesting kids, each with thoughts and personalities of their own.

You may also notice a change in your classroom atmosphere as less instances of student behavior get in the way of learning, and more kids are eager to share themselves with the group.”

Students walk the equivalent of uphill both ways during a snowstorm as they are tasked with a full day of learning, facing changes to their social lives and circles, are grouped with twenty of their peers who all are experiencing their own challenges and successes internally.

By respecting how hard they work, how well they navigate their school and home time and leading with respect and empathy, we show that their efforts are observed, and to be rewarded.

End 68 Hours of Hunger

Dear Parents and Guardians,

The Sanborn Regional School District partners with *End 68 Hours of Hunger*, a local nonprofit food program whose mission is to help families in need feed their children over the weekend. This program helps provide students with extra meals from Friday evening through Sunday evening, helping them be better prepared to come to school on Monday morning nourished and ready to learn. All food is non-perishable and easy to prepare. We collect food items for *End 68 Hours of Hunger* at all schools to support our local families. *Please note that this is a non-profit organization and not a District sponsored program.*

If you feel this is a program from which your child could benefit, please fill out the permission slip below, and return to your child's school counselor! Your child will receive a bag of food on Friday afternoons.

If you have any questions, please contact any of our counseling staff.

Bakie counselors:

Angelica Gardella agardella@sau17.net and Sue Petela spetela@sau17.net

Memorial counselors:

Rachel Nippert: rnippert@sau17.net and Amy Collins acollins@sau17.net

Middle School counselors:

Kara Byrne: kbyrne@sau17.net and Tiffany Fabiano: tfabiano@sau17.net

High School Director of Counseling:

Heidi Leavitt: hleavitt@sau17.net

District Social Worker:

Kara Prah: kprahl@sau17.net

Permission to Participate in Weekend Food Program:

I give permission for my child _____ to participate in the End 68 Hours of Hunger Food Program. I understand that my child will receive a bag of food each Friday afternoon.

Parent Signature

Date

Check One: Send home with student Parent pick up



A Message from SoRock

SoRock is a community coalition focused on mental health and substance misuse prevention across the lifespan. We carry out our mission by leveraging resources from the local, state and federal level to coordinate and support education, programming and resources for the towns we serve.



Feb 11-17th is Children of Addiction Week

1 in 4 kids and teens live in families impacted by parental addiction.

[Impact of Alcohol/Opioid Use Disorder on Children](#)

Families can and DO recover together. [Start your Recovery Journey today with these NH Resources.](#)

February is [Healthy Relationships Month](#) if you are in an unsafe relationship contact [HAVEN NH](#)

Follow [@sorocknh](#) on FB to stay informed. If you have questions in the meantime visit [sorocknh.org](#), [drugfreenh.org](#) or reach out to me at sorocknhcc@gmail.com We want to hear from you, how can we help?

The SoRock community needs assessment survey results identified mental health and substance use as the top community concerns in 2022-2023. [Take the 2023-2024 survey here!](#)

[Attention Boosters/PTA/PTO and other parent or community/civic groups.](#) **SoRock wants to talk with you!** We would love to attend your meeting to tell you a little more about us, discuss parenting for prevention and find out how we can support you in the community! Please send an email to sorocknhcc@gmail.com to set something up.

[Learn more about Suicide Risk factors, protective factors, and warning signs](#)

Need Help Now? Dial **988** or call [New Hampshire Rapid Response Access Point](#) Call/Text 833-710-6477 or [Chat Now](#)

Are you a Parent in Recovery? [Children Learn a Lot from Your Recovery!](#)

Need Help with Your Recovery? [Click Here for NH Recovery Support Resources](#)

Are you impacted by the substance use of a loved one? [Find support here](#) and [here](#)

Remember, we are here for all ages. Supporting the wellness of the community across the lifespan is the only way to ensure healthy youth!

[SoRock always has FREE resources for the community. Locking medication boxes, Rx disposal pouches, keyed firearm trigger locks, Overdose prevention kits including Narcan & Fentanyl test strips. Parent and relative caregiver resources/prevention power packets.](#)

Would you like to know more about SoRock, how we operate and what we do?

Email Charlotte Scott, Program Director sorocknhcc@gmail.com or call 603-642-3341 x 1235

NEWS RELEASE

SANBORN REGIONAL SCHOOL DISTRICT

Date: February 2024

Daniel J. Bakie School **KINDERGARTEN REGISTRATION** **for Newton and Kingston, NH**

If your child will be five years old by September 30, 2024, and you are a ***resident of Kingston or Newton, NH***, you should consider registering your child for full-day kindergarten for the 2024-2025 school year. Please visit our school website at <http://www.sau17.org/3/home> and click **the 2024-2025 registration link**. Registration is done completely online. Documentation required to complete the registration process includes a current physical & immunization record and proof of residency documents. The Sanborn Regional School District has defined the following acceptable residency documents: a copy of a **current** utility bill (electric, cable, gas, oil) showing your name and address (no P.O. Boxes), **along with** either a signed lease, a notarized letter from Builder or Realtor, property tax bill, settlement document on a new home or a property deed. Registering early helps us plan appropriately. We ask that registrations be completed ***no later than Wednesday, May 1st***.

New Hampshire State Law requires all children to have had immunizations for DPT, Polio, Mumps, Measles, German Measles, Chicken Pox, and Hepatitis B before school entry. They also require each child to have a complete medical examination within one year before entry into kindergarten.

Incoming parent orientation is scheduled on **Wednesday, April 10th from 3:20-4:20 p.m.** at the D.J. Bakie School (see below for specifics). This event is designed for parents/guardians and their students! This event is focused on visiting kindergarten classrooms, meeting the teachers, and seeing their classrooms. There will be an opportunity to meet our unified arts team and see other specific programs at a later date. The schedule is as follows:

Time:

3:20-3:50 If your Last Name begins with A-M

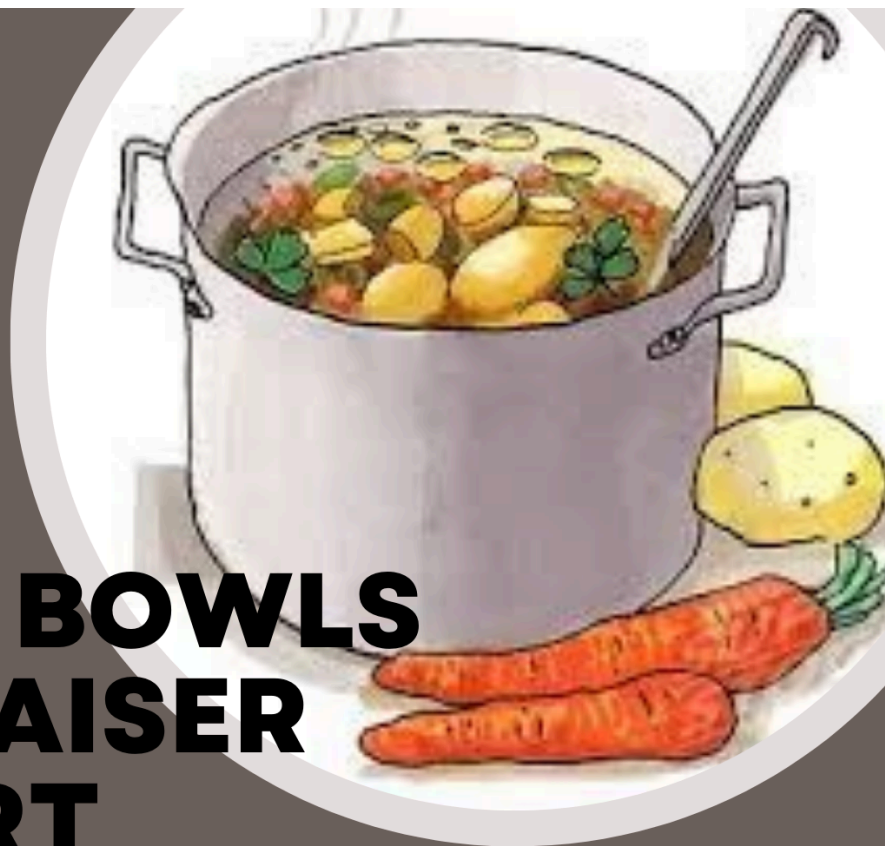
(If you have older students or PreK students, please park at Swasey after pick-up and walk over. Please do NOT park in the lot here)

3:50-4:20 If your Last Name begins with N-Z

We are excited to have you share the opportunity to visit classrooms and speak with our staff!

All incoming kindergarten students are required to participate in a screening process. ***You must register your child so that they may participate in the screening.*** Screening dates will be announced at a later time.

Please contact Kim Rousseau, Enrollment Coordinator, by telephone at (603) 642-5272, x101, or email krousseau@sau17.net for any questions.



EMPTY BOWLS FUNDRAISER AND ART SHOW

THURSDAY MARCH 14TH AT 5PM

- All proceeds go towards ending 68 Hours of Hunger and NH food pantries.
- Step 1- Buy a ticket
- Step 2- pick a handmade bowl
- step 3- fill with soup made by nutrition students.
- Step 4- Enjoy the Art Show!

**MORE INFORMATION
AND TICKET SALES**



Technology Fun Night - CLX

Friday, March 15, 2024

6:00 PM – 8:00PM

Place: Seacoast School of Technology
Who: Grade 5 – 9 students

Cost: Voluntary donation of 3 cans of food to the local food bank per person. If you would like to bring more cans, all donations will gladly be accepted.

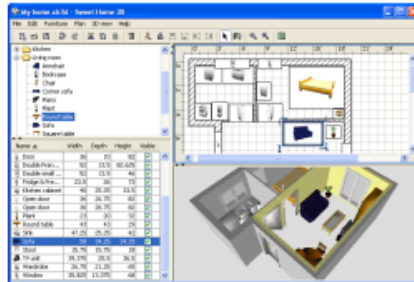
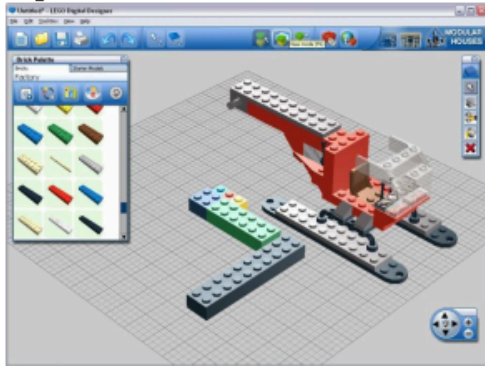
Why: This school year, the Seacoast School of Technology is offering a series of events for students to show just how much fun learning about technology can be.

How to sign up:

Register online @ <https://sst.sau16.org/en-US/technology-fun-nights-f4734f0b>.

Registration opens 8 AM on Tuesday, February 20, 2024. Registration deadline is March 14, 2024. Limited to 25 students on a first come first served basis.

This month we will be learning about design. This is your chance to use your imagination to create interesting designs using Sweet Home 3D, Lego Digital Designer, Lego Studio, and LeoCAD.



Any questions, contact Mr. Messa at nmessa@sau16.org or 775.8623

Come join in the fun!!!!

Adventurelore Summer Camp

MEET OUR STAFF



The ADVENTURELORE staff is most responsible for the success of our program. All staff members possess the high degree of sensitivity, understanding and energy necessary to answer the individual needs of each of our adventurers. Our staff members have considerable experience working with the youth in various environments. Both junior and senior staff members are carefully selected and well trained to provide the highest quality programs. ADVENTURELORE averages a

1:3 Counselor: Adventurer Ratio

Learn more about our awesome staff at ADVENTURELORE.ORG

Like us, follow us. We love to share our photos and adventures!



CONTACT US

Phone: 603-382-4661

Email: Office@adventurelore.org

Adventurelore's Summer Camp is a historically safe high-adventure coed outdoor living experience designed to offer challenging and successful experiences for children and adolescents. Under professional supervision and guidance, adventurers will gain self-esteem and personal confidence through adventurous, exciting and FUN filled activities, while acquiring outdoor living skills. These skills have been proven to be physically and mentally beneficial to individuals of all ages. We strive to help youth unfold positive attitudes about themselves and their peers in outdoor surroundings through exposure to both individual and group challenges.

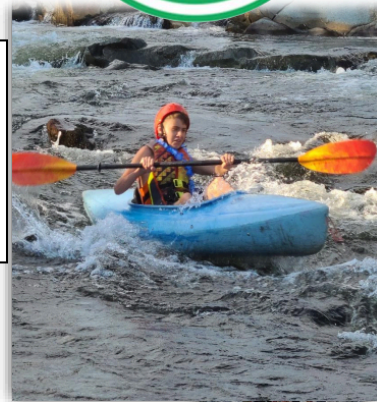
Ryan's Message

Summer camp is one of the most amazing experiences you can provide your child. At Adventurelore we believe that camp is more than just having fun. It's about having fun while making new friends, great memories and learning valuable life skills. When our campers return home we want them to have had the best adventure of their lives while also feeling like they learned life lessons and skills they can use as they grow into teenagers and young adults.

Ryan Holder



Summer Camp Programs 2024



5 DAY | AGES 8-12 | NH CAMP
JUNIOR 1 | July 8-12 | \$1,395
JUNIOR 2 | July 23-27 | \$1,395



6 DAY | AGES 10-13 | ME CAMP
JUNIOR 3 | July 29-August 3 | \$1,495

Adventurelore is offering 5 and 6 day programs for juniors designed to be a life enriching taste of our Woodstock, NH and Franklin, ME base camp activities. Adventurers will enjoy the experiences of camping, swimming, rock climbing, rappelling, canoeing, and white water kayaking on Junior 1 and 2 (5-day programs) at our Woodstock, NH campsite. On our Junior 3 trip (6-day program) at our Franklin, ME campsite, campers will enjoy all of this in addition to white water rafting! Other energized camp activities take place in what kids have come to call "Thunder Dome" and "The Barn." The weeks activities are designed to be fun and exciting while enhancing self-esteem and developing self confidence in a safe and caring social environment.

GROSS COUNTRY CHALLENGE (boys)

5 DAY | AGES 13-17
June 26 - July 3 | \$1,945

Adventurers will mountain bike along the best of the back trails of Maine from the Canadian border to Bar Harbor. This trip also includes whitewater kayaking and canoeing, swimming, rock climbing and orienteering adventures. The focus of this eventful and exciting adventure is directed toward participants recognizing their capabilities as an individual and positively contributing their personal attributes to the group while enjoying a healthy environment. Ride your mountain bike, borrow one of our Giant brand mountain bikes, or for an additional \$295 you can purchase a brand-new shop quality mountain bike at a 60% discount. We highly recommend this option.

LAND AND SEA ADVENTURE (co-ed)

8 DAY | AGES 13-17
JULY 9-16 | \$1,995



The Eight-Day Land & Sea trip is coed and offers adventurers four days of sailing, kayaking and canoeing, swimming, tubing and island exploring along the beautiful coastline of Mt. Desert Island and Frenchman Bay. The ensuing four days' activities will include rock climbing, rappelling and whitewater rafting. This trip focuses on boating skills and positive social interaction in a variety of FUN and challenging environments.

ACADIA ADVENTURE (girls)

6 DAY | AGES 13-17
JULY 21-26 | \$1,495



The Acadia Adventure is based in Franklin, ME near Acadia National Park. Activities will include swimming, kayaking, canoeing, hiking, rock climbing, rappelling in the beautiful Acadia National Park, sailing in Bar Harbor, and whitewater rafting on the Kennebec River! This program emphasizes on the benefits of being active, having FUN, social connection, healthy living and perseverance through individual and group challenges.

For all programs, activities are subject to change subject to weather or program formatting



WHITE MOUNTAIN ADVENTURE (boys)

8 DAY | AGES 13-17
July 29-August 5 | \$1,895



The 8-Day White Mountain Adventure is a program highlighted with mountain biking, whitewater kayaking, hiking the Appalachian Trail, swimming, camping and rock climbing in the White Mountains. Our main camp is located on the Pemigewasset River. This program promises to be FUN and EXCITING with the ability to meet the individual challenge needs of each adventurer. Through these challenges, adventurers will increase their self-confidence, spontaneity, teamwork and a sense of humor in new and thrilling environments.

WHITE MOUNTAIN ADVENTURE (girls)

6 DAY | AGES 13-17
June 27 - July 2 | \$1,495



The 6-Day White Mountain GIRLS Adventure is a program highlighted with whitewater kayaking, hiking the Appalachian Trail, swimming, camping and rock climbing in the White Mountains. Our main camp is located on the Pemigewasset River. Every day there are opportunities to swim and explore the river. This program promises to be FUN and EXCITING with the ability to meet the individual challenge needs of every adventurer. Through these challenges, adventurers will increase their self-confidence, spontaneity, teamwork and have FUN in a new and thrilling environment.

CONTACT US

Phone: 603-382-4661

Email: Office@adventurelore.org

Not a school sponsored event



SANBORN YOUTH SOCCER

Registration is now open for the Spring Season

Welcoming families of Kingston, Newton, and surrounding communities!

SYSA has opened the Spring registrations early this year and wants to welcome you all to sign up! This is a co-ed soccer program aged 4 through grade 8. Games are played on Sundays at Chase Field in Kingston.

The season will run from May 4th through June 16th

With practice times to be determined

There are two sessions available

Session 1 – for age 4/5 and grades 3-8

Session 2 - for age 4/5 and grades 1-2

To register your child please visit www.sanbornyouthsoccer.org

If you volunteer to coach a team you will have your registration fee waived for one child! Any questions please reach out to sanbornyouthsoccer@gmail.com



Sanborn Baseball and Softball Association

Registration is Open All levels

Baseball:

T-Ball Ages 4-6 years old
Rookies ages 6 and 7
Minors ages 8 and 9
Majors ages 10 till 12
Babe Ruth Ages 13-18

Softball U8

Softball U10
Softball U12
Softball U14
Softball U16

Visit sanbornbsa.org to signup and register

Questions or need help?
Email us at:
sanbornbsa@gmail.com

This program is not associated with Sanborn Regional School District